

Soul Star Crafting

Prickly Protection Pot

Materials Needed:

- a cactus pup
- 1ltr or 2ltr pot
- Cactus potting mix
- tumblestone crystals
- Any other pot decoration you would like to adorn your pot with

Prickly Protection Pot with San Pedro

Prickly Protection Pot... with the entheogen and sacred healing plant 'San Pedro'...

For anyone dealing with night terrors, bullying at the workplace, toxic environments, unfavourable energies then this Soul Star Crafting is definitely for you.



Mainly because it feels like so many people are being energetically attacked and it has been such testing times that now more than ever do we need extra support. We are going to be using our 'speech' to charge our cactus with intent and prayer for protection.

The cactus is a fractal plant. Almost toroidal in its frame this holds the vibration of the Centre. The centre is the point of creation so it allows for this vibration to penetrate right back to source creation. With the spikes positioned to prick anything that it has in sight

“Even its post-Hispanic name, San Pedro, embodies these qualities because Saint Peter is the holder of the keys to Heaven and the name of the cactus therefore speaks of its ability to ‘open the gates’ into another world where those who drink it can heal, discover their divinity, and find their purpose on Earth. It is also known as huachuma, this is how it is most often referred to by the shamans who use it.

The earliest archaeological evidence so far discovered is a stone carving of a huachumero found at the Jaguar Temple of Chavín de Huantar in northern Peru, which is almost 3,500 years old. Textiles from the same region and period of history depict the cactus with jaguars and hummingbirds, two of its guardian spirits, and with stylised spirals representing the visionary experience.

Another image, of an owl-faced woman holding a cactus, comes from a ceramic pot from the Chimú culture, dating to 1200 AD. According to native beliefs, the owl is a tutelary spirit and guardian of herbalists and shamans, so the woman depicted is most likely a curandera (healer) and huachumera.

Lesley Myburgh (known in the Andes as La Gringa: "the outsider woman") is another of these shamans. She has led ceremonies with San Pedro for almost 20 years. "It is a master teacher", she says. "It helps us to heal, to grow, to learn and awaken, and assists us in reaching higher states of consciousness. I have been very blessed to have experienced many miracles: people being cured of all sorts of illnesses just by drinking this sacred plant. We use it to reconnect to the Earth and to realise that there is no separation between you, me, the Earth, and the Sky. We are all One. *It's one thing to read that, but to actually experience this oneness is the most beautiful gift we can receive.*

"San Pedro teaches us to live in balance and harmony; it teaches us compassion and understanding; and it shows us how to love, respect, and honour all things. It shows us too that we are children of light - precious and special -- and to see that light within us.

Taken from: https://erowid.org/plants/cacti/cacti_writings1.shtml

San Pedro has always filled me with light codes and expansiveness, reminding me I am part of the cosmos and to shine my light for whom I am... I have also always seen them as Sentient Guardians against negative energies and entities.

We will be potting our San Pedro pups and working with them to create a protection talisman utilising the essence, energy and structure of the cactus.

Prickly Protection Pot Intent and Prayer

First have all your ingredients ready around you and take a moment and bring your focus inwards.

Begin by filling the pot half way. Then place the crystals you have chosen on top of the soil. As you place each crystal speak to it telepathically charging it with the intent you wish to charge the crystal with.

For example:

Blue Quartz – may you assist San Pedro in protecting the expression that come towards me

Rutile Quartz - may you assist San Pedro in transforming negative energies into positive energies

Black Stone – may you assist San Pedro in absorbing negative energies



The finish filling the pot with the cactus mix, leaving about an inch room at the top.

Take a moment to pause now as you connect with your chosen San Pedro. Be mindful that you are now connecting with a sacred plant medicine, a powerful guide in it's own right. Visualise, imagine or meditate upon the cactus in front of you. See the spirit of the plant, the sentient guardian being, the spiritual warrior that you are now connecting with. Imagine it's energy, it may even have a name for you.

Then when you and San Pedro are ready, carefully, intentionally and gently plant your cactus pup. Depending upon the size and length of your pup bury it between one thumbnail length to two thumbnail lengths.

Once you have carefully and gently potted your pup, point your index finger at the San Pedro and say out loud from your heart the intent and prayer below. *Repeat 3 times.*

*I humbly charge that you absorb, repel, extract,
dissolve, disintegrate, all dirty, diseased,
corrupted, used up, negative energies,
negative thought forms, negative elementals,
psychic attack, negative emotions,
wayward and fallen spirits,
poisoned darts, curses, arrows,
malicious thoughts, malignant energies, malevolent entities
from entering, effecting or lingering.
Send back that which you cannot transmute to where it came.*

*With deepest gratitude, I humbly thank you in full faith.
Aho, amen, so mote it be.*

After reciting the above intention and prayer 3 times, repeat the following:

It is done. It is done. It is done.

Then imagine/visualise sealing the enclosing the pup and pot with protective energy. Disconnecting and releasing any energies or expectations to your Prickly Protection Pot. Your practice now is to nurture, feed, water and protect your Prickly Protection Pot. The more you nurture, the more it will protect.

Now with your San Pedro activated, it can clear any energy that is detrimental to you. Warning not intended for spiritual rooms unless to clear out a negative spirit. The cactus will also pop any meditation energy that's positive because it works to eliminate any energy in a space to start all over again.

Place your San Pedro cactus in any area that you feel needs protection and clearing. Living room, bedroom (children especially) and office. Leave the pot in near your front door. Or if a room needs clearing, leave it in there overnight, taking it back outside the next day.

Credit to Grand Master Choa Kok Sui for the inspiration for this Soul Star Crafting.

Blessings,
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